



# January

2012



Recreation &  
Relaxation Program  
A United Way Agency

| Sun | Mon | Tue | Wed             | Thu                              | Fri | Sat                                |
|-----|-----|-----|-----------------|----------------------------------|-----|------------------------------------|
| 1   | 2   | 3   | 4               | ⑤ Pot Luck<br>6:30PM-8:30 PM     | 6   | 7                                  |
| 8   | 9   | 10  | 11              | ⑫ Game Night<br>6:30PM - 8:30PM  | 13  | 14                                 |
| 15  | 16  | 17  | 18              | ⑰ Puppet Making<br>6:30PM-8:30PM | 20  | 21                                 |
| 22  | 23  | 24  | 25              | 26                               | 27  | ⑳ Homemade Pizza Lunch<br>11AM-3PM |
| 29  | 30  | 31  | Happy New Year! |                                  |     |                                    |

The Arc, Oneida-Lewis Chapter NYSARC  
**Lewis County Recreation & Relaxation Program**

January, 2012

Victoria Hillebrand, Community Respite Programs Manager-----272-1589  
Sandy Buckingham, Activities Specialist -----376-6473  
Dial - a - Drive (Please leave a message).....376-6473

**We will meet for all activities at 5290 Stowe Street (The Arc's Day Habilitation Building), Lowville, NY, unless otherwise stated.**

**Program Information:** In order for us to be prepared with enough supplies please call 376-6473 and leave your name and telephone number at least two days prior to each event you wish to attend. This will ensure that we have enough supplies and staff. It will also allow us to contact you in case an activity has to be changed or canceled.

**Dial-A-Drive Information:** Please call **376-6473** no later than 48 hours in advance if you need a ride. This will enable us to better meet the needs of the individuals that use the program. Return calls will be made the day before the event giving you your pick up time.

**January 2011 Calendar of Events:**

**Thursday, January 5<sup>th</sup> - Pot Luck** - We will meet at Day Hab around 6:30 PM for a Pot Luck Dinner to celebrate the New Year. When you call in, please let us know what dish you plan to bring. Drinks and desert will be provided by the Agency. Plus a Rec Council meeting will be held to discuss events for 2012. We will start for home around 8:30 PM.

**Thursday, January 12<sup>th</sup> - Game Night** - We will meet at Day Hab at 6:30 PM to enjoy an evening of games and laughter! Come join the fun at the cost of \$1.00. We will also celebrate our January birthdays this evening.

**Thursday, January 19<sup>th</sup> - Puppet Making** - We will be meeting at Day Hab around 6:30PM and spend the evening making homemade hand puppets. The cost will be \$2.00. Come and enjoy the experience of creating your own puppet!

**Saturday, January 28<sup>th</sup> - Homemade Pizza Lunch** - IWe will be getting together around 11AM to made homemade pizza, plus desert for our lunch!!! The cost will be \$1.00.



We hope you can join us in January  
**The Rec Staff**