





Advocacy and Services for People with Disabilities  
Oneida-Lewis Chapter NYSARC

**Utica Leisure Center**  
14 Arnold Ave, Utica, NY 13502  
(315) 272-1740

**February 2017**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 	3	4
5	6	7	8 Valentine's Day Candy Making & Craft @ ULC, \$2.00	9	10 Mardi Gras Celebration \$2.00	11
12	13 Potluck & Rec Council Meeting @ ULC	14 	15	16 ULC On The Go A Capella Dance Group Kazual @ MVCC 7pm \$5.00	17 Valentine's Day Dance @ Knoxboro, \$2.00	18
19	20	21 ULC on the Go Tribute to Diana Ross The Supremes: Reflections @ Utica Public Library 6:30 pm, Free	22 Cupcake Decorating @ ULC, \$2.00	23	24	25
26	27 Movie "Selma" & Popcorn @ ULC, \$2.00	28	Please help us to make sure we are able to adequately staff for your activities by committing to the reservations you make for the Utica Leisure Center. Repeated cancellations may make it difficult for us to accommodate your request for transportation to activities.			

February 8th– Come and make some Valentine's Day Candy and a surprise craft @ ULC, \$2.00

February 10th– Come and celebrate Mardi Gras @ ULC, \$2.00

February 13th–Potluck and Rec Council Meeting ~ bring a dish to pass and visit with friends.

February 16th- ULC On The Go: A Capella Dance Group Kazual @ MVCC7pm, \$5.00

February 17th- Please join us for our Valentine's Day Dance @ Knoxboro, \$2.00. Our dances fill up quickly—Please RSVP if you need transportation. 6:00pm-8:00pm. Please wear colors red and pink. This dance will be dj'ed by Russ Bell.

February 21st- ULC On The Go: Tribute to Diana Ross The Supremes: Reflections @ Utica Public Library. 6:30pm, Free

February 22nd- Come decorate some yummy cupcakes with us @ ULC, \$2.00

February 27th– Join us at the ULC to watch the movie "Selma" and enjoy some popcorn. \$2.00

**ALL LEISURE CENTER ACTIVITIES BEGIN AT 6:30PM AND COST \$2.00 UNLESS OTHERWISE STATED!**

# LEISURE CENTER INFORMATION SHEET

The Arc, Oneida-Lewis Chapter, NYSARC

**Kara Bennett, Community Respite Programs Manager \*\*\*\*\* 272-1589 8:30-4:00**  
**Roxy Vasilopoulos, Adult Respite Program Coordinator\*\*\*\*\* 272-1577 8:30-4:00**  
**On Call Supervisor \*\*\*\*\*794-3494**  
**Dial-A-Drive (48 hours advance notice required) \*\*\*\*\*790-9160**  
**Leisure Center (Leave a message. Phone checked 2x nightly.) \*\*\*\*\* 272-1740**

**PROGRAM INFORMATION:** The Leisure Center is located at 14 Arnold Ave., Utica, NY and is staffed from 6:30 pm to 8:30 pm. Site based respite services, such as our Utica Leisure Center, are intended to supplement hourly respite. Events will vary and event frequency depends on the other commitments of the program. All individuals utilizing this program must complete an application, and provide documentation of their developmental disability. All individuals attending the events must require no more than a 20:1 staffing ratio. Someone who can provide the necessary amount of support must accompany individuals who require a higher level of supervision/ assistance. There is no nurse on site, but staff is First Aid/CPR certified.

**TRANSPORTATION:** Individuals eligible for Family Support Services may call Dial-A-Drive from the Arc, Oneida-Lewis to get transportation to events. Dial A Drive is limited depending on staffing and people using Dial A Drive must be able to enter/exit van independently in order to utilize this program. In the event that Dial A Drive is full, people we support may come to the Utica Leisure Center via caregiver or public transportation.

**EVENTS:** Every month a calendar of events is developed (based on input from individuals, the recreation council, and staff) which includes both on and off site events. This calendar indicates what nights the center is open and any special events that are planned, along with the cost for activities. On special occasions we offer off-site activities, and details regarding the location of the activity will be notated on the calendar. Meals/Snacks are not provided, unless stated on the calendar of events as part of an activity.

**RSVP:** It is very important that everyone RSVP for events. This allows us to approximately plan staffing, supplies and transportation to off site events. RSVP'ing helps us to guarantee there will be enough supplies for you to participate in the evening's planned activity. It also enables us to contact you regarding any changes, if necessary. We ask that reservations for events be made at least 48 hours in advance by calling 272-1740. The information you need to supply when you call is your name, phone number, the event (s) you plan to attend, and how many will attend in your group. You may RSVP for more than one event when you call.

**DAY TRIPS:** It is very important that a reservation is made for these events. There are a limited number of seats available for these outings. The Leisure Center will be CLOSED when these outings take place. If eligible, Dial-A-Drive is available, but there is a limited number of seats. Please call 48 hours ahead with your reservation: 790-9160.

**CANCELLATIONS:** Unfortunately, unexpected events and bad weather sometimes require us to cancel programs. In this event, staff will try to contact you. You can also call 272-1740 for a voice mail update.