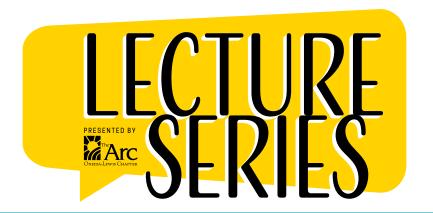
# **2023-2024** SCHEDULE



# CONTACT

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The Arc, Oneida-Lewis Chapter
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# LOCATION

The Arc, Oneida-Lewis Chapter Training Center [Basement Level] 245 Genesee Street Utica, New York 13501

# COST

\$10.00 per class \$5.00 Arc Member price

# TIME

TUESDAYS, 4:15-6:15 p.m., UNLESS OTHERWISE NOTED

# **PLEASE NOTE:**

REGISTRATION/RESERVATION IS REQUIRED TO ATTEND

# **TUESDAY • SEPT 26, 2023**

Nurturing attendance: Proven Strategies for Tackling Student Absenteeism in the Classroom

Explore, create, and discover approaches and techniques to create a positive and safe classroom atmosphere that encourages regular attendance through a lens of trauma, poverty, and other critical considerations. We will explore the root causes of absenteeism, ranging from community to socio-emotional factors, and equip you with the tools to intervene early and provide meaningful support to students.

CARRIE CONTE, LCSW AND JIMSAK DAOREUANG, M.ED.
INTEGRATED COMMUNITY
ALTERNATIVES NETWORK (ICAN)

# **TUESDAY • OCT 24, 2023**

# Conflict Resolution in the Classroom for Teachers and Parents

A discussion of available services for youth and families, including school attendance mediation, family group conferencing, parent/teen mediation, and family team meetings.

STEPHANIE DULAK-EGHIGIAN AND TIM LYON EMPOWERED PATHWAYS

# **TUESDAY • NOV 28, 2023**

Many Cultures, One School Community

Understanding Limited English Proficient (LEP) Students and Parents.

SHANA PUGHE DEAN THE CENTER

# **TUESDAY • JAN 30, 2024**

Managing Stress through Yoga

Yoga & Meditation techniques for teachers and students.

**NICOLE HAYMAN-SHERMAN** 

JUST BREATHE YOGA STUDIO REGISTERED YOGA SCHOOL

# **TUESDAY • FEB 27, 2024**

Talk Saves Lives

Information from The American Foundation for Suicide Prevention

CARYN SCHWEINSBERG AND FRANCESCA ESPOSITO
CENTER FOR FAMILY LIFE & RECOVERY

# **THURSDAY** • MAR 28, 2024

Autism and ADHD Spectrum in the Classroom

A lecture designed to describe the full spectrum of ADHD and Autism symptoms, how they are evaluated and treated, and how teachers can assist in the evaluation process. Techniques to use to manage problematic behaviors in the classroom will be provided.

DR. KATHERINE WARDEN MVHS

# TUESDAY • APR 23, 2024

**Substance Education Services** 

Drug misuse, overdose, reversal, and recovery

JACLYN OSHINS ACR HEALTH

# TUESDAY • MAY 21, 2024 LGBTQ Services

Gender and Sexuality: Creating Inclusive and Affirming Environments for All.

ASHLEY DAVIS ACR HEALTH